



Reserve your spot today!  
+6012 568 6509  
amy@inpsyful.com



# Empower People, Elevate Performance

A diverse, **HRDC claimable** public training calendar featuring evidence-based programmes across **leadership, people decisions, and mental wellbeing** delivered throughout the year to meet evolving organisational needs.

**Flexible. Practical. Now open for booking.**



Programme Fee:

2-Days Workshop: **RM3240/pax**  
(RM3499 inclusive of 8% SST)

1-Day Workshop: **RM1620/pax**  
(RM1749 inclusive of 8% SST)

**1-2 Apr**

Communication, Influence & Emotional Intelligence  
**Conflict Management:  
 Communicate Clearly, Influence Confidently**  
*by Manmeet*

**6-7 Apr**

Resilience, Mental Health & Wellbeing  
**Workplace Mindfulness and Emotional Intelligence**  
*by Sharifah Jamilah*

**15-16 Apr**

Communication, Influence & Emotional Intelligence  
**Managing Difficult Conversations for Managers**  
*by Daniel Gonzaga*

**15-16 Apr**

Compliance, Governance & Risk Awareness  
**AMLA: Typologies, Understanding, Implementation  
 and Risk Technical Knowledge**  
*by Nizam Shah*

**20-21 Apr**

Communication, Influence & Emotional Intelligence  
**High Impact Presentation Skills**  
*by Alex Leong*

**21-22 Apr**

Critical Thinking & Problem Solving  
**Applying Critical Thinking to Problem Solving**  
*by Tan Guan Heng*

**22-23 Apr**

Critical Thinking & Problem Solving  
**Beyond Symptoms: Root Cause Analysis**  
*by Manmeet*

**27-28 Apr**

Leadership for New Managers & Succession Planning  
**Developing a Business Agility Mindset in Managers & Leaders  
 using NLP at the Workplace**  
*by Daniel Wong*

**29-30 Apr**

Compliance, Governance & Risk Awareness  
**Employment Act & Labour Law in Practice:  
 A Foundation for HR & IR Professionals**  
*by Rachel Tan*









**29-30 Apr**

Communication, Influence & Emotional Intelligence  
**The Art of Buy-In**  
*by Alex Leong*

**29-30 Apr**

Communication, Influence & Emotional Intelligence  
**Effective Communication and Interpersonal Skills**  
*by Norshila Abdullah*

*Legend:*

- |   |   |
|---|---|
|  Communication, Influence & Emotional Intelligence |  Compliance, Governance & Risk Awareness |
|  Resilience, Mental Health & Wellbeing             |  Project & Performance Management        |
|  Environmental, Social & Governance (ESG)          |  Digital Literacy & AI Confidence        |
|  Leadership for New Managers & Succession Planning |  Critical Thinking & Problem Solving     |



11-May

Environmental, Social & Governance (ESG)  
**ESG Discovery: Making Sense Of Sustainability**  
by Ikram

11-12 May

Compliance, Governance & Risk Awareness  
**Understanding and Managing Sexual Harassment Issues in the Workplace**  
by Rachel Tan

11-12 May

Leadership for New Managers & Succession Planning  
**Leadership Essentials for New Supervisors**  
by Manmeet

11-12 May

Communication, Influence & Emotional Intelligence  
**High Impact Negotiation Skills**  
by Alex Leong

11-12 May

Communication, Influence & Emotional Intelligence  
**Talk Like a Pro - Professional Presence, Persuasive Messaging & Confident Delivery**  
by Daniel Gonzaga

11-12 May

Compliance, Governance & Risk Awareness  
**Corporate Governance**  
by Nizam Shah

13-14 May

Leadership for New Managers & Succession Planning  
**Lead with Excellence: Master the Key Habits**  
by Dr. Sharon Low

13-14 May

Project & Performance Management  
**Training Needs Analysis (TNA)**  
by Dr. Chitra Devi

18-19 May

Resilience, Mental Health & Wellbeing  
**Effective Management of Stress, Time and Stakeholders in the Workplace**  
by Shah Salleh

18-19 May

Resilience, Mental Health & Wellbeing  
**Building Self-Confidence for Excellence**  
by Dr. Sharon Low

19-20 May

Compliance, Governance & Risk Awareness  
**Personal Data Protection Act Amendment**  
by Rachel Tan

20-21 May

Communication, Influence & Emotional Intelligence  
**The EQ Factor – Communicate with Clarity, Lead with Impact, Inspire Performance**  
by Harison Yusoff

21-22 May

Digital Literacy & AI Confidence  
**AI in Workforce Productivity – Supercharge Daily Workflows with Smart AI Tools**  
by Clara Tan



June  
2026

2-3 Jun

Digital Literacy & AI Confidence  
**Generative AI for Content Creation,  
Dashboards & Workflow Automation**  
by Clara Tan

3-4 Jun

Communication, Influence & Emotional Intelligence  
**EQ at Work: Building Emotional Intelligence for Professional Success**  
by Norshila Abdullah

8-9 Jun

Digital Literacy & AI Confidence  
**ChatGPT for Business Productivity**  
by Mike Cheong

8-9 Jun

Resilience, Mental Health & Wellbeing  
**THE RESILIENT MIND:  
Managing Stress & Performance with Colored Brain & AI**  
by Sharifah Jamilah

18-19 Jun

Leadership for New Managers & Succession Planning  
**Developing a Business Agility Mindset in  
Managers & Leaders using NLP at the Workplace**  
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**Leadership Development Program Leaders and Managers**  
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23-24 Jun

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**High Impact Presentation Skills**  
by Alex Leong

24-25 Jun

Compliance, Governance & Risk Awareness  
**Fundamentals of Risk Management**  
by Nizam Shah

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Compliance, Governance & Risk Awareness  
**Enhance Your Communication Toolbox: AI As Your Edge**  
by Tan Guan Heng

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July  
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Resilience, Mental Health & Wellbeing  
**Psychological First Aid (PFA):  
A Lifelong Skill For Every Situation**  
by Evelyn Chue & Alicia Ng

6-7 Jul

Leadership for New Managers & Succession Planning  
**High Impact Transformational Leadership Skills  
for Managers & Team Leaders using NLP**  
by Daniel Wong

8-9 Jul

Communication, Influence & Emotional Intelligence  
**Effective Communication and Interpersonal Skills**  
by Norshila Abdullah

13 Jul

Project & Performance Management  
**The Virtuous Cycle of HRM: Building Sustainable Success**  
by Dr. Chitra Devi

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Digital Literacy & AI Confidence  
**Future-Ready with AI**  
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August  
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5-6 Aug

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10-11 Aug

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Communication, Influence & Emotional Intelligence  
**High Impact Selling & Negotiation Skills**  
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September  
2026

2-3 Sept

Critical Thinking & Problem Solving  
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**Canva Mastery Training – From Beginner to Advanced**  
by Clara Tan

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30 Sept -  
1 Oct

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1 Oct

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October  
2026

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November  
2026

4-5 Nov

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December  
2026

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**Leading with Impact**  
by Alex Leong

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**Effective Management of Stress, Time  
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by Shah Salleh

## One Year. Many Opportunities to Grow.

Make development a strategic advantage, not a one-off event.

**Book early. Build better teams.**

