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LEARNING & SOLUTIONS



Empower People, Elevate Performance

A diverse, **HRDC claimable** public training calendar featuring evidence-based programmes across **leadership, people decisions, and mental wellbeing** delivered throughout the year to meet evolving organisational needs.

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Programme Fee:
2-Days Workshop: **RM3240/pax**
(RM3499 inclusive of 8% SST)
1-Day Workshop: **RM1620/pax**
(RM1749 inclusive of 8% SST)

APRIL
2026

1-2 Apr

Communication, Influence & Emotional Intelligence
Conflict Management:
Communicate Clearly, Influence Confidently
by Manmeet

6-7 Apr

Resilience, Mental Health & Wellbeing
Workplace Mindfulness and Emotional Intelligence
by Sharifah Jamilah

15-16 Apr

Communication, Influence & Emotional Intelligence
Managing Difficult Conversations for Managers
by Daniel Gonzaga

15-16 Apr

Compliance, Governance & Risk Awareness
AMLA: Typologies, Understanding, Implementation and Risk Technical Knowledge
by Nizam Shah

20-21 Apr

Communication, Influence & Emotional Intelligence
High Impact Presentation Skills
by Alex Leong

21-22 Apr

Critical Thinking & Problem Solving
Applying Critical Thinking to Problem Solving
by Tan Guan Heng

22-23 Apr

Critical Thinking & Problem Solving
Beyond Symptoms: Root Cause Analysis
by Manmeet

27-28 Apr

Leadership for New Managers & Succession Planning
Developing a Business Agility Mindset in Managers & Leaders using NLP at the Workplace
by Daniel Wong

29-30 Apr

Compliance, Governance & Risk Awareness
Employment Act & Labour Law in Practice: A Foundation for HR & IR Professionals
by Rachel Tan

29-30 Apr

Communication, Influence & Emotional Intelligence
The Art of Buy-In
by Alex Leong

29-30 Apr

Communication, Influence & Emotional Intelligence
Effective Communication and Interpersonal Skills
by Norshila Abdullah

Legend:



Communication, Influence & Emotional Intelligence



Resilience, Mental Health & Wellbeing



Environmental, Social & Governance (ESG)



Leadership for New Managers & Succession Planning



Compliance, Governance & Risk Awareness



Project & Performance Management



Digital Literacy & AI Confidence



Critical Thinking & Problem Solving



11-May

Environmental, Social & Governance (ESG)
ESG Discovery: Making Sense Of Sustainability
by Ikram

11-12 May

Compliance, Governance & Risk Awareness
**Understanding and Managing
Sexual Harassment Issues in the Workplace**
by Rachel Tan

11-12 May

Leadership for New Managers & Succession Planning
Leadership Essentials for New Supervisors
by Manmeet

11-12 May

Communication, Influence & Emotional Intelligence
High Impact Negotiation Skills
by Alex Leong

11-12 May

Communication, Influence & Emotional Intelligence
**Talk Like a Pro - Professional Presence,
Persuasive Messaging & Confident Delivery**
by Daniel Gonzaga

11-12 May

Compliance, Governance & Risk Awareness
Corporate Governance
by Nizam Shah

13-14 May

Leadership for New Managers & Succession Planning
Lead with Excellence: Master the Key Habits
by Dr. Sharon Low

13-14 May

Project & Performance Management
Training Needs Analysis (TNA)
by Dr. Chitra Devi

18-19 May

Resilience, Mental Health & Wellbeing
**Effective Management of Stress,
Time and Stakeholders in the Workplace**
by Shah Salleh

18-19 May

Resilience, Mental Health & Wellbeing
Building Self-Confidence for Excellence
by Dr. Sharon Low

19-20 May

Compliance, Governance & Risk Awareness
Personal Data Protection Act Amendment
by Rachel Tan

20-21 May

Communication, Influence & Emotional Intelligence
**The EQ Factor – Communicate with Clarity,
Lead with Impact, Inspire Performance**
by Harison Yusoff

21-22 May

Digital Literacy & AI Confidence
**AI in Workforce Productivity –
Supercharge Daily Workflows with Smart AI Tools**
by Clara Tan



June
2026

2-3 Jun

Digital Literacy & AI Confidence
Generative AI for Content Creation, Dashboards & Workflow Automation
by Clara Tan

3-4 Jun

Communication, Influence & Emotional Intelligence
EQ at Work: Building Emotional Intelligence for Professional Success
by Norshila Abdullah

8-9 Jun

Digital Literacy & AI Confidence
ChatGPT for Business Productivity
by Mike Cheong

8-9 Jun

Resilience, Mental Health & Wellbeing
THE RESILIENT MIND: Managing Stress & Performance with Colored Brain & AI
by Sharifah Jamilah

18-19 Jun

Leadership for New Managers & Succession Planning
Developing a Business Agility Mindset in Managers & Leaders using NLP at the Workplace
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Leadership for New Managers & Succession Planning
Leadership Development Program Leaders and Managers
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23-24 Jun

Communication, Influence & Emotional Intelligence
High Impact Presentation Skills
by Alex Leong

24-25 Jun

Compliance, Governance & Risk Awareness
Fundamentals of Risk Management
by Nizam Shah

24-25 Jun

Compliance, Governance & Risk Awareness
Enhance Your Communication Toolbox: AI As Your Edge
by Tan Guan Heng

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Beyond Symptoms: Root Cause Analysis
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July
2026

1-2 Jul

Digital Literacy & AI Confidence
**AI in Workforce Productivity –
Supercharge Daily Workflows with Smart AI Tools**
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6-7 Jul

Leadership for New Managers & Succession Planning
**High Impact Transformational Leadership Skills
for Managers & Team Leaders using NLP**
by Daniel Wong

8-9 Jul

Communication, Influence & Emotional Intelligence
Effective Communication and Interpersonal Skills
by Norshila Abdullah

13 Jul

Project & Performance Management
The Virtuous Cycle of HRM: Building Sustainable Success
by Dr. Chitra Devi

13-14 Jul

Digital Literacy & AI Confidence
Future-Ready with AI
by Mike Cheong

15-16 Jul

Communication, Influence & Emotional Intelligence
High Impact Negotiation Skills
by Alex Leong

20-21 Jul

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Building High Performance Through Coaching
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August
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Compliance, Governance & Risk Awareness
Corporate Governance
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10-11 Aug

Leadership for New Managers & Succession Planning
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11-12 Aug

Communication, Influence & Emotional Intelligence
High Impact Selling & Negotiation Skills
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12-13 Aug

Resilience, Mental Health & Wellbeing
Building Self-Confidence for Excellence
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Understanding and Managing Sexual Harassment Issues in the Workplace
by Rachel Tan

27-28 Aug

Compliance, Governance & Risk Awareness
Anti Bribery, Anti Corruption Compliance and Eradication of Sexual Harassment at the Workplace & Section 17A MACCA
by Rachel Tan



September
2026

2-3 Sept

Critical Thinking & Problem Solving
Applying Critical Thinking to Problem Solving
by Tan Guan Heng

3-4 Sept

Digital Literacy & AI Confidence
Canva Mastery Training – From Beginner to Advanced
by Clara Tan

7-8 Sept

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EQ at Work: Building Emotional Intelligence for Professional Success
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High Impact Transformational Leadership Skills for Managers & Team Leaders using NLP
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22-23 Sept

Resilience, Mental Health & Wellbeing
Effective Management of Stress, Time and Stakeholders in the Workplace
by Shah Salleh

30 Sept -
1 Oct

Leadership for New Managers & Succession Planning
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October
2026

1 Oct

Project & Performance Management
**The Virtuous Cycle of HRM:
Building Sustainable Success**
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5-6 Oct

Communication, Influence & Emotional Intelligence
The Art of Buy-In
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12-13 Oct

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High Impact Selling & Negotiation Skills
by Alex Leong

12-13 Oct

Project & Performance Management
Building High Performance Through Coaching
by Daniel Gonzaga

25 Oct

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ESG Discovery: Making Sense Of Sustainability
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27-28 Oct

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November
2026

2-3 Nov

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4-5 Nov

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Lead with Excellence: Master the Key Habits
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11-12 Nov

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23-24 Nov

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**High Impact Transformational Leadership Skills
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by Daniel Wong



2-3 Dec

Communication, Influence & Emotional Intelligence
High Impact Negotiation Skills
by Alex Leong

December
2026

8-9 Dec

Leadership for New Managers & Succession Planning
Leading with Impact
by Alex Leong

15-16 Dec

Communication, Influence & Emotional Intelligence
**Effective Management of Stress, Time
and Stakeholders in the Workplace**
by Shah Salleh

One Year. Many Opportunities to Grow.

Make development a strategic advantage, not a one-off event.

Book early. Build better teams.

